

Beaverton School District

Kindergarten Health Curriculum Learning Targets

Alcohol, Tobacco, & Other Drugs

- Explain who is an appropriate person to dispense medication to children. (AI)

Prevention & Control of Disease

- *Explain the importance of avoiding contact with others' blood and other body fluids. (CC)*
- Share strategies for preventing the spread of communicable disease to others.
- Identify danger signs and symbols on consumer products. (AI)

Environmental Health

- N/A

Healthy Eating

- Identify the food groups in the current USDA recommended guidelines. (CC)
- Identify healthy snacks. (AI)

Mental, Social & Emotional Health

- Name the different kinds of emotions. (CC)
- *Identify appropriate people to talk to about mental and emotional health issues, concerns and worries. (AI)*

Sexual Health

- *Identify safe, unsafe, and confusing touch. (CC)*

Unintentional Injury Prevention

- *Identify ways to prevent fires and reduce risk of injury in case of fire. (CC,*)*
- Recognize when and how to use 911. (AI)

Violence Prevention

- Identify safe people and places to go if you feel unsafe or threatened. (AI)