

PE CONTENT STANDARDS – Middle School

Strand 3: Self Management & Social Behavior 3.0

Grade Assessed	Content Standard	Benchmark	Unit	Skills	Assessment (see sample assessments)
8 th	3.1 Demonstrate responsible behavior and respect for differences among people during physical activities.	Apply rules, procedures and etiquette that are safe and effective for specific activities/situations. (Assessed at 8 th)	Embedded in all units (refer to benchmark 1.1 unit list) Additionally, -PE orientation -Locker room meeting	<u>Rules</u> -Fair Play *knows rules *chooses to follow rules <u>Procedures</u> -Guidelines *gym/playing fields *locker room *equipment -Safety *gym/playing fields *locker rooms *equipment <u>Etiquette</u> -Inclusion of all (all participating, taking turns, taking into account differences in gender, skill, ethnicity and ability of self and others -Respect for all -Courtesy to all -Taking responsibility for own actions -Encouraging/helping others	Continuum for Self-Management and Socially Responsible Behavior Second Steps Curriculum Components Teacher Checklist

Grade Assessed	Content Standard	Benchmark	Unit	Skills	Assessment (see sample assessments)
7 th	3.2	Identify the elements of socially acceptable conflict resolution and sportsmanship. (Assessed in 7 th)	Embedded in any unit (refer to benchmark 1.1 unit list) Additionally, -PE orientation -Project Adventure	<u>Conflict Resolution</u> -Communication -Active listening -Brainstorming solutions -Compromise -Validating others <u>Sportsmanship</u> -Handling disappointments -Handling successes -Playing within the spirit of the game/rules	Written Assessment, i.e. -Journal Entry -Problem solving worksheet -Written Test Continuum for Self-Management and Socially Responsible Behavior Teacher Checklist