

TOBACCO, ALCOHOL AND OTHER DRUG PREVENTION, AND INTERVENTION

District Written Prevention Plan

The district will maintain a written plan for a tobacco, alcohol, and other drug prevention program to include:

1. District philosophy;
2. District Consistent Discipline Policy procedures;
3. Legal consequences and referral to law enforcement;
4. Medical emergency procedures;
5. Intervention, referral to outside agencies, and support systems;
6. Research-based prevention curriculum;
7. Ongoing staff development reflective of data, current trends and changes in staffing;
8. Advisory committee to monitor prevention plan;
9. Access and use of federal monies;
10. Community partnerships and public relations.

Prevention Curriculum

The curriculum for providing education about the prevention of tobacco, alcohol, and other drug use will be part of the district's health education program. The curriculum for that program is to be developed by a curriculum review project team with/or the District CARE/Prevention Team which includes teachers, counselors, administrators and parents using input from students and assistance from state and local health department staff and others with expertise in the field. State standards and learning targets will be specified at grade levels, with age-appropriate instruction occurring for all students at each grade level, K-12. For high school students not taking health education classes, tobacco, alcohol, and other drug prevention instruction will be integrated into other courses taken and provided each year to students.

As part of the district's health program, instruction in tobacco, alcohol, and other drug use prevention will stress the value of abstinence, with the goals to prevent substance use/abuse. Instruction will include the following:

- The physical and psychological effects and consequences of tobacco, alcohol, and other drug use;
- The laws relating to the use, especially by minors, of alcohol and other unlawful drugs;
- The availability of school and community resources;
- Understanding and managing peer pressure;
- Understanding the consequences of consuming alcohol and other drugs;
- Making informed and responsible decisions; and
- Motivating students to adopt positive attitudes toward healthy and drug-free lifestyles.

The curriculum shall be reviewed and updated by the District Care/Prevention Team to reflect current research and best practice.