

# **2022 Virtual Parent Resource Fair**

| 6:10p | Camp Yakety Yak                                               |
|-------|---------------------------------------------------------------|
| 6:15p | Spectra Gymnastics                                            |
| 6:20p | THPRD Adaptive and Inclusive Recreation                       |
| 6:25p | Autism Society of Oregon                                      |
| 6:30p | Decoding Dyslexia                                             |
| 6:35p | Fitzwater Law                                                 |
| 6:40p | Learning Without Limits                                       |
| 6:45p | National Alliance on Mental Illness (NAMI)                    |
| 6:50p | Oregon Family to Family Health Information Center             |
| 6:55p | Oregon ABLE Savings Plan                                      |
| 7:00p | Palladio Consulting                                           |
| 7:05p | Washington County Sheriff's Office: Help Me Home &            |
|       | Project Lifesaver                                             |
| 7:10p | Disability Resource Center (DRC) at Portland State University |
| 7:15p | Germaine's Kitchen & Cafe                                     |
| 7:20p | Ride Connection / RideWise Travel Training                    |

<sup>\*</sup>Please note that presentation times are approximate



**Camp Yakety Yak** is an inclusive social skills day camp supporting friendship development in children with special needs, ages 5-15, and social skills in the workplace instruction for young adults, ages 16-22. We accept high school volunteers for service learning hours. Camp is located at 40 McNary Parkway, Lake Oswego and will run for 4 weeks, July 11-August 5.

#### **Contact Information**

Heather Eason MS, CCC-SLP, Speech-Language Pathologist & Clinical Director <a href="heather@campyaketyyak.org">heather@campyaketyyak.org</a>
Camp Yakety Yak website

Spectra Gymnastics caters to neurodiverse children and families. We offer a variety of adaptive, inclusive services to our community for any age or ability including: Inclusion gymnastics lessons
Family focus-sibling lessons
Summer camps
Friendship classes
Kinder prep program
Tiny tots playgroup

# **Contact Information**

Karissa Johnson, Owner 503-754-9794 <u>karissa@spectrapdx.com</u> <u>Spectra Gymnastics website</u>

# Tualatin Hills Park & Recreation District Adaptive and Inclusive Recreation

provides participants of all abilities the opportunity to enjoy recreational, educational, and leisure offerings through THPRD. Our services include individualized inclusion support for participants experiencing disabilities, as well as inclusive programming designed for diverse skill levels.

# **Contact Information**

inclusion@thprd.org
Adaptive and Inclusive Recreation website



**Autism Society of Oregon** creates connections, empowering everyone in the Autism community with the resources needed to live fully. We do not charge for our services and an official Autism diagnosis is NOT necessary to access our services.

#### **Contact Information**

Tobi Rates, Executive Director 503-636-1676

<u>Tobi@AutismSocietyOregon.org</u>

<u>Autism Society Oregon website</u>

**Decoding Dyslexia** is a grassroots, non-profit organization driven by Oregon families and educators who recognized the need for conversations with our school districts and policymakers regarding dyslexia. *Our Mission:* We raise awareness, empower the dyslexia community, provide resources, and advocate for change. *Our Vision:* An Oregon where dyslexia is no longer a barrier to literacy, education, and success.

# **Contact Information**

info@decodingdyslexiaor.org
Decoding Dyslexia website

**Fitzwater Law** is well recognized as one of the leading Oregon firms whose practice focuses on working with families who have a loved one with special needs. We provide friendly, responsive and high-quality legal counsel for special needs trusts, public benefits, and guardianships.

#### **Contact Information**

Christopher L. Ray, Attorney 503-786-8191 <a href="mailto:chrisr@fitzwaterlaw.com">chrisr@fitzwaterlaw.com</a> <a href="mailto:Fitzwater Law website">Fitzwater Law website</a>

**Learning Without Limits** provides consultation for parents of children with learning differences, specializing in ADHD. As a school psychologist, behavior specialist and parent of kids



with learning differences, Tricia helps parents navigate the challenges of parenting a child with learning differences. Join her for individual sessions, classes or her online parent group. You can find her work as a guest blogger for ADDitude Magazine or on her social media channels @learningwithoutlimitsllc.

#### **Contact Information**

Tricia Thompson
503-430-4166
ttricia30@gmail.com
Learning Without Limits website

**National Alliance on Mental Illness (NAMI)** is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness.

NAMI of Washington County is a local NAMI affiliate which provides residents of Washington County with peer-led support groups, recovery-oriented peer support groups, 1:1 peer support, PeerZone, a mental wellness and recovery-oriented workshop, and advocacy for families with school aged youth, engaging with county Wraparound services.

Our Ending the Silence is a prevent and early intervention presentation that engages youth, school staff and families in a discussion about mental health. It is available free for 3 audiences: students, families, and school staff and presented by a trained group consisting of; a young adult (18-35) with a mental health condition and an adult with a mental health condition or family member of a person who has a mental health condition.

Pre-pandemic, we managed a walk-in/drop-in center where community members could produce various pieces of art in our art studio, enjoy a meal, snacks, and stay in a safe space free of judgment. We look forward to having the building open again in March for everyone!

We currently offer the following via Zoom:

- Ending the Silence (mental health awareness presentations)
- NAMI Connections (peer support groups)
- Family support groups that meet on a monthly basis.



• Individual peer support services to individuals.

\*We do not offer nor endorse therapeutic modalities since we are a peer-led organization that adheres to an intentional peer support model outside of the traditional medical model.

#### **Contact Information:**

Shelley Turner, Operations Manager shelley@washconami.org
NAMI of Washington County Website
Instagram
Facebook
Alignable

Nicole Waters, Community Outreach Coordinator <a href="mailto:nicole@washconami.org">nicole@washconami.org</a>

**Oregon Family to Family Health Information Center** supports families and caregivers of children with special health needs to navigate the complex health care systems.

# **Contact Information**

855-323-6744 (English and Spanish)
orf2fhic@ohsu.edu
Oregon Family to Family website
Facebook

**Oregon ABLE Savings Plan** helps people with disabilities and their families save for the future without losing their state and federal benefits. Plus, there are tax benefits!

# **Contact Information**

Oregon ABLE Savings website

**Palladio Consulting** has assisted over 3,500 families in the disability community address their great concern - planning for a loved one with a disability. From our detailed special needs & financial planning, connections within the disability community and the comprehensive understanding of our client's unique situation, our families trust us in helping them navigate the



future planning. SSI/SSDI, Medicaid benefits planning, special needs trusts, ABLE accounts, future planning, housing and more - we can help!

#### **Contact Information:**

Connor Kavanaugh, CTFA, ChSNC 503-928-3229 connor@palladioplanning.com
Palladio Consulting website

**The Washington County Sheriff's Office** has two programs for people who are at-risk of wandering and due to a medical condition, have difficulty communicating vital information about themselves. *Help Me Home* is an enrollment registry that maintains vital information and a photo of an individual in a database which all law enforcement in Washington County have access to in their patrol cars. *Project Lifesaver* is a program specifically designed to help locate individuals of any age that have been diagnosed on the Autism spectrum, with Down syndrome, Alzheimer's or another illness related to memory loss, that involves wearing a radio transmitter bracelet. Both programs are voluntary and have associated costs.

#### **Contact Information**

Corrine Hanning, Program Communication and Education Specialist 503-846-6048
<a href="mailto:helpmehome@co.washington.or.us">helpmehome@co.washington.or.us</a>
<a href="mailto:helpmehome@co.washington.or.us">Help Me Home website</a>
<a href="mailto:Project Lifesaver website">Project Lifesaver website</a>

**Disability Resource Center (DRC) at Portland State University** works with students with all types of disabilities to make sure education and university life are accessible. We identify, evaluate, and reduce or eliminate barriers to student access and equity. We foster community and create opportunities to promote disability culture.

#### **Contact Information**

Disability Resource Center 503-725-4150 drc@pdx.edu PSU Disability Center website Darcy Kramer, Access Counselor & Consultant 503-725-4100 darcyk@pdx.edu



**Germaine's Kitchen & Cafe** is a workforce development culinary training program. The 16 week program provides small classes with hands-on experience to build confidence and support student success. The program curriculum is paced and individualized to accommodate specific and unique needs and learning styles of each student. Students earn an Oregon Health Authority food handlers card, certificate of completion and we build a professional portfolio and resume to get their career started. Check out a video about Germaine's Kitchen & Cafe <a href="here">here</a>, read about Germaine's Kitchen & Cafe <a href="here">here</a>, and call to book a tour!

#### **Contact Information**

Chef John Wirtis, CEC 503-860-3537 jwirtis@ccoregon.org Germaine's Kitchen & Cafe website

**Ride Connection / RideWise Travel Training** is a private, non-profit organization dedicated to coordinating and providing transportation services to people with limited options in Clackamas, Multnomah and Washington counties. Our organization has been linking transportation to people in our communities for over 30 years.

Ride Connection is more than a ride. We help get you where you need to go through a variety of transportation options. We primarily serve older adults and people with disabilities, including information and referral, public transit travel training, door-to-door rides, and community connector deviated-route service.

Participants in our RideWise program receive access to information, public transportation training, and support centered on the safe and independent use of public transportation.

- Public transit info: Information is sometimes all it takes to get someone traveling independently on transit. We are at the ready to provide support and knowledge over the phone.
- Group transit trips: Group trips are designed to help people feel comfortable with the transit system in a social, relaxed environment.
- One-on-one travel training: Personalized, hands-on experience using our regional transit system.
- Support for educators: We provide technical assistance and support, which may include fare for staff, for those providing transit training in the classroom.



#### **Contact Information**

Lisa Sempert, Mobility Supervisor
503-528-1749 (for travel training)
503-226-0700 (for all other transportation services)
<a href="mailto:lsempert@rideconnection.org">lsempert@rideconnection.org</a>
<a href="mailto:RideConnection">RideConnection</a>
<a href="mailto:RideWise">RideWise</a>

# **Highlighted Businesses/Organizations (not presenting)**

**The Beaverton STARS** are the first and only color guard made up of students in special education programs in the Pacific Northwest. The Beaverton STARS team is made up of students in area middle schools, high schools, and our district's Community Transitions Program who experience disabilities. Their mission is to provide a non-competitive experience through the introduction of music, rhythms, dance, and the use of color guard flags and equipment to tell a story to recorded music. The Beaverton STARS can be seen performing at various events in Washington County and the Portland Metro area. This year marks the 14th Season of the Beaverton STARS color guard team.

#### **Contact Information**

Pat Carley: <a href="mailto:Pat\_Carley.ctr@Beaverton.k12.or.us">Pat\_Carley.ctr@Beaverton.k12.or.us</a>
Amy Wood@Beaverton.k12.or.us

The Beaverton STARS Facebook

**Camp Meadowood Springs** is a speech and hearing camp offering speech and hearing therapy to children ages 7-14. Scholarships are available through local Elks Lodges.

## **Contact Information**

Dave Edwards, Board Member 503-516-4327



dave.edwards1862@gmail.com
Camp Meadowood Springs website

**The Community Transition Program (CTP)** is a structured program for students ages 18-21 who have graduated with a non-standard diploma. Students in this community-based program are provided with classroom instruction and community opportunities, with a focus on pre-vocational and vocational skills.

#### **Contact Information**

503-356-3940

**Community Transition Program website** 

# **Dirkse Counseling & Consulting** offers a full range of vocational services:

- Skills training and work readiness classes to get ready to work
- Discovery and career exploration to help job seekers determine the right job
- Job development/job placement to assist in finding appropriate employment
- Job coaching to assist the individual in learning the job and adjusting to the work environment
- Job retention to build natural supports and ensure the employee is set up for long term success and, if needed, long term supports to support the client longer than 90 days.

We have been working in the Beaverton area for over 25 years. We partner with the Beaverton Community Transition program, the State VR program, County DD programs and Brokerages.

#### **Contact information**

Glenn Bishop, Program Manager gbishop@dirksecc.com

<u>Dirkse Counseling & Consulting website</u>

**FACT Oregon** is a community-based nonprofit for families, by families. The cornerstone of our work is to empower families experiencing disability in their pursuit of whole lives. We do this by offering a support line staffed by parents, monthly training for parents, caregivers and professionals, and a community of people who understand. We present disability as a natural part of the human experience and promote high expectations, family and individual self-determination, equitable access, and respect for cultural differences. Our support, training,



and resources equip families to navigate special education, disability services, and future planning.

# **Contact Information**

503-786-6082 support@factoregon.org FACT Oregon website The IEP: What you need to know (ENG)

**PCC Disability Services** helps students get support and accommodations for their classes. We also help with technology training, disability related counseling, time management, organization, and overall student support. We work to make your college experience more accessible and inclusive. You can view FAQs here.

# **Contact Information**

971-722-4319

**PCC** Disability Services website

**Northwest Regional Educational Service District** provides Early Intervention and Early Childhood Special Education programs that offer special services and support to families with children who are identified as having developmental disabilities or who are experiencing developmental delays. We provide two programs: *Early Intervention* for children from birth to 3 years and *Early Childhood Special Education* that serves children ages 3-5.

#### **Contact Information:**

503-614-1446 (Intake phone number to request an evaluation) NWRESD Website

**Specialty Athletic Training** provides personal training for individuals with special needs. Founded in 2012, they have served over 450 individuals of various ages and diagnoses through the Pacific Northwest. Check out a video about Specialty Athletic Training here!

#### **Contact Information**

503-863-0512



info@specialtyathletictraining.com Specialty Athletic Training website

**Swindells Resource Center** of Providence Child Center supports parents and caregivers of children who have special health, behavioral or developmental needs. We provide resources, information and education to communities throughout Oregon and southwest Washington.

# **Contact Information**

Stacy Ball, Operations Manager
503-215-2429
stacy.ball@providence.org
swindells@providence.org
Swindells Resource Center website