

## Sahanka Waalidka ee 2021 BSD

Ujeedada Daraasad Sanadeedka BSD ayaa ah in laga caawiyo Degmadu inay qiimeeyso horumarka aan ka sameynayno waxbarashada ilmahaaga iyo qorshaynta mustaqbalka. Sahanka Waalidka waxaa loogu talagalay qof kasta oo canug ku leh Degmo Dugsiyeedka Beaverton.

Xog uruurintan waa iskaa wax u qabso. Waad ka bixi kartaa dhammaystirka sahanka waqti kasta. Dhammaan xogta sahaminta waa la soo koobi doonaa si qof kasta oo jawaaba uu u ahaado mid aan la aqoonsan. Ma jiraan wax ka mid ah sahanka ama barnaamijka degmada ee loo isticmaali doono in lagu aqoonsado.

Natijoyinka waxaa lala wadaagayaa Guddiga Dugsiga, maamulayaasha, iyo maamulayaasha kale. Warbixinnada sahanka ee sanadihii hore waxaa laga daawan karaa [BSD Research & Reports Page](#). Waxaan kuugu mahadnaqeynaa waqtigaaga aad ka caawineysay BSD.

Waa caadi inaad dib u noqotid oo aad jawaabtaada u bedesho su'aal hore, laakiin waa inaad ku dhammeysaa sahaminta hal fadhi. Waxaan fileynaa sahankan inuu qaadan doono 10 daqiiqo oo waqtigaaga ah.

Waad ku mahadsan tahay ka-hor-xaadirkaaga ka-qaybgalka Xog-ururinta Waalidka!

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Isgaarsiinta Degmada Dugsiga

1. Waxaan dareemayaa in codkayga laga maqlayo go'aamada muhiimka ah ee heer Degmo.

- Aad u Ogol
- Ogol
- Diiddan
- Aad u Diidan

2. Muxuu yahay habka isgaarsiinta aad doorbideyso ee Degmada?

- BSD Toddobaadle
- Websaydhka BSD
- warbaahinta bulshada
- Wax kale (fadlan cadee)

3. Waxaa jira siyaabo badan oo Degmadu ula xiriirto waalidiinta (BSD Toddobaadle, warbaahinta bulshada, iwm.). Ma haysaa wax talo bixin ah oo ku saabsan hagaajinta xiriirka degmada? (Ikhtiyaar)

**Fadlan qaado sahaminta adigoo tixgelinaya hal cunug oo keliya. Waad qaadan kartaa sahaminta markale haddii aad leedahay carruur dhigata wax ka badan hal iskuul.**

\* 4. Iskuulkee buu dhigtaa sameeyaa ilmaha?

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#### 5. Ma ogoshahay mise waad diidantahay?

|                                                                                        | Aad u Ogot            | Ogot                  | Diiddan               | Aad u Diiddan         |
|----------------------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Waxaan dareemayaa soo dhaweyn iyo aqbalaad dugsiga cunugeyga.                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Waxaan dareemayaa in laygu qiimeeyay lammaane firfircoon xagga waxbarashada ilmahayga. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Macallimiintu si dhow ayey ila shaqeeyaan si ay ula kulmaan baahiyaha ilmahayga.       | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Dhaqankeega gurigayga iyo luqadda gurigaba dugsigu waa qiimeeyaa.                      | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Dugsigani wuxuu siiyaa fursado lagu xoojiyo aqoonsiga dhaqan ee ilmahayga.             | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

#### 6. Waxaan ku kalsoonahay awooddeyda:

|                                                                     | Aad u Ogot            | Ogot                  | Diiddan               | Aad u Diiddan         |
|---------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| taageer barashada cunugeyga ee guriga.                              | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| hubi in iskuulka ilmahaygu buuxiyo baahida waxbarasho ee ilmahayga. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

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#### Isgaarsiinta

7. Fadlan naga caawi sidii aan u horumarin lahayn adigoo ka jawaabaya su'aalahan.

|                                                                                                                             | Aad u Ogol            | Ogol                  | Diiddan               | Aad u Diiddan         |
|-----------------------------------------------------------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Waxaan dareemayaa xog ogaal ku saabsan waxa ka socda guud ahaan dugsiga ilmahayga.                                          | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Waxaan kahelayaa wada hadal kufiican macalinka (ilmahayga) ilmahayga xagga horumarka waxbarashadda iyo horumarka ilmahayga. | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Waxaan dareemayaa in codkayga laga maqlo go'aamada muhiimka ah ee dugsiga cunugeyga.                                        | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |

8. Fadlan naga caawi sidii aan u horumarin lahayn adigoo ka jawaabaya su'aalahan.

|                                                                                                 | Aad u Ogol            | Ogol                  | Diiddan               | Aad u Diiddan         | Ma aqaano             |
|-------------------------------------------------------------------------------------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Dugsigu wuxuu dhiirrigeliyaa jawaab celinta waalidiinta iyo bulshada.                           | <input type="radio"/> |
| Shaqaalaha dugsigani waxay si adag ugu shaqeeyaan inay dhisaan xiriirka kalsooni leh qoysaska.  | <input type="radio"/> |
| Shaqaalaha iskuulkaan runti waxay isku dayaan inay fahmaan dhibaatooyinka iyo walaaca qoysaska. | <input type="radio"/> |

9. Ma haysaa wax talo bixin ah oo ku saabsan hagaajinta xiriirka dugsiga ilmahaaga? (Ikhtiyaar)

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**Mid ka mid ah sababaha ardayda mararka qaar aysan u dareemin amaan inay tahay inay u cagajugleeyaan ardayda kale.**

Xoog u sheegashadu waa dabeecad aan la rabin, oo dagaal ku ah ardayda dhexdeeda oo ku lug leh isku dheelitirnaan la'aan dhab ah ama loo maleynayo Dabeecadda ayaa soo noqnoqota, ama waxay leedahay awood lagu soo celiyo, waqti ka dib. Xoog u sheegashada waxaa ka mid ah ficillada sida hanjabaadyo, faafinta xanta, ku weeraridda qof jir ahaan ama hadal ahaan, iyo ka reebista koox koox ula kac ah.

Waxaa la qaatay [StopBullying.gov](https://www.stopbullying.gov)

<https://www.stopbullying.gov/bullying/what-is-bullying>

10. Ilmahayga ayaa loogu cagajugleeyay khadka tooska ah (tusaale ahaan Twitter, Instagram, Snapchat, ama ciyaaraha, iwm.) Sannadkan.

- Wax Badan
- Wax yar
- Intaba maaha
- Ma Aqaano

11. Dhammaan ardayda waa inay dareemaan nabadgelyo dugsiga iyo bulshada dhexdeeda. **SafeOregon** waxay ardayda, waalidiinta, dugsiyada iyo jaaliyaddooda siisaa hab ay uga warbixiyaan hanjabaadaha amniga ama rabshadaha ka dhalan kara. Ma ka warqabtaa **SafeOregon**?

- Haa
- Maya

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12. Immisa jeer ayuu ilmahaagu wax ku akhriyaa guriga? (Ku dar aqrinta loo xilsaaray iyo aqrinta xulashada)

- Habeen walba Inta badan
- Habeenada habeenada
- Habeenada Qaar
- Dhif ah
- Marna

13. Waxaan lahadlayaa cunugeyga waxa ku saabsan waxa fasalkiisa ama fasalkeeda ku baranayaan iskuulka.

- Marwalba
- Joogto ah
- Marmar
- Mar un
- Maba dhacdo

14. Dugsiga ilmahaygu wuxuu qiimeeyaa kaladuwanaanshaha asalka carruurta.

- Si weyn
- Waxoogaa
- Qaar
- Wax yar
- Intaba maaha
- Ma aqaano

15. Dugsiga ilmahaygu wuxuu ardayda baraa sida loogu isticmaalo farsamada si masuuliyad leh.

- Aad u Ogol
- Ogol
- Diiddan
- Aad u Diiddan
- Ma aqaano

16. Iskuulka canugeyga ayaa isaga ama iyada u diyaarinaya sanad dugsiyeedka soo socda.

- Si aad u wanaagsan
- Si fiican
- Si caadi ah
- Si iska caadi ah
- Aaan fiicneyn
- Ma aqaano

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17. Guud ahaan, fasalkee ayaad siin doontaa dugsiga ilmahaaga?

- A  B  C  D  F

18. Muxuu dugsiga ilmahaagu sifiican ugu socdaa? (Ikhtiyaar)

19. Maxaa talo ah oo aad ka haysaa hagaajinta waxbarashada ilmahaaga ee dugsigooda? (Ikhtiyaar)

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Su'aalaha Dadweynaha ee Ikhtihaariga ah

**Su'aalaha dadweynaha ee soo socdaa waa ikhtiyaari. Waxay naga caawin doonaan inaan wax baranno haddii waalidiinta asal kasta oo asalkoodu ka soo jeedo dhammaantood loola dhaqmo si caddaalad iyo ixtiraam leh. Waxaan garwaaqsan nahay in su'aalahan ay u muuqan karaan kuwo shaqsi ahaaneed. Haddii aad jeclaan lahayd inaad ka jawaabto mid ka mid ah su'aalaha tirakoobka dadweynaha, fadlan dhagsii badhanka "Exit" ee ku yaal geeska midig ee kore ee boggan. Waxa kale oo aad dooran kartaa inaad ka gaabsato su'aalaha shakhsi ahaaneed adigoon ka jawaabin ama dooran "Doorbidaan ha sheegin."**

20. (Ikhtihaar) Ma waxaad tahay Hisbaanik / Laatiino (Latinx)?

(Ma ka soo jeedaa Cuba, Mexico, Puerto Rico, Central iyo South America ama dhaqanada kale ee Isbaanishka.)

Haa

Maya

Doorbiday inaan sheegin

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Su'aalaha Dadweynaha ee Ikhtiyaariga ah

**Su'aalaha dadweynaha ee soo socdaa waa ikhtiyaari. Waxay naga caawin doonaan inaan wax baranno haddii waalidiinta asal kasta oo asalkoodu ka soo jeedo dhammaantood loola dhaqmo si caddaalad iyo ixtiraam leh. Waxaan garwaqsan nahay in su'aalahan ay u muuqan karaan kuwo shaqsi ahaaneed. Haddii aad jeclaan lahayd inaad ka jawaabto mid ka mid ah su'aalaha tirakoobka dadweynaha, fadlan dhagsii badhanka "Exit" ee ku yaal geeska midig ee kore ee boggan. Waxa kale oo aad dooran kartaa inaad ka gaabsato su'aalaha shakhsi ahaaneed adigoo ka jawaabin ama dooran "Doorbidaan ha sheegin."**

21. (Ikhtiyaar) Sideed ku garan kartaa jinsiyaddaada? (Calaamee dhammaan inta ku habboon)

- Aasiya: Asal ahaan ka soo jeeda Bariga fog, Koonfur-bari Aasiya ama qaaradaha Hindiya, oo ay ku jiraan Cambodia, China, India, Japan, Korea, Malaysia, Pakistan, the Philippine Islands, Thailand iyo Vietnam.
- Madow / Afrikaan Mareykan ah: Asal ahaan mid kasta oo ka mid ah kooxaha midab-takoorka madow ee Afrika.
- Dhalad Mareykan / Dhalad Alaska: Asal ahaan ka soo jeeda mid ka mid ah dadyowgii asalka ahaa ee Waqooyiga Ameerika iyo kuwa ilaaliya ku xirnaanta qabyaaladda ama ku xirnaanta bulshada.
- Jasiiradaha Baasifiga: Lahaanshaha asal ahaan mid ka mid ah dadyowgii asalka ahaa ee Hawaii, Guam, Samoa, ama Jasiiradaha kale ee Baasifiga ah.
- Caddaan: Asal ahaan mid ka mid ah dadyowgii asalka ahaa ee Yurub, Bariga Dhexe, ama Waqooyiga Afrika.
- Doorbiday inaad dhahin
- Wax kale (fadlan cadee)

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Su'aalaha Dadweynaha ee Ikhtiyaariga ah

**Su'aalaha dadweynaha ee soo socdaa waa ikhtiyaari. Waxay naga caawin doonaan inaan wax baranno haddii waalidiinta asal kasta oo asalkoodu ka soo jeedo dhammaantood loola dhaqmo si caddaalad iyo ixtiraam leh. Waxaan garwaaqsan nahay in su'aalahan ay u muuqan karaan kuwo shaqsi ahaaneed. Haddii aad jeclaan lahayd inaad ka jawaabto mid ka mid ah su'aalaha tirakoobka dadweynaha, fadlan dhagsii badhanka "Done" ee ku yaal geeska midig ee kore ee boggan. Waxa kale oo aad dooran kartaa inaad ka gaabsato su'aalaha shakhsi ahaaneed adigoon ka jawaabin ama dooran "Doorbidaan ha sheegin."**

22. (Ikhtiyaar) Ingiriisigu ma yahay luqaddaada koowaad?

Haa

Maya

Doorbiday inaan sheegin

23. (Ikhtiyaar) Sidee ku garan kartaa jinsigaaga?

Lab

Dhedig

Aan labo / saddex jinsi ahayn

Doorbiday inaan sheegin

Doorbidayaa inaan is sharxo

24. (Ikhtiyaar) Miyaad isu tixgelisaa inaad tahay xubin ka mid ah bulshada isku jinsiga ah ee 'Lesbian, Gay', Bisexual, Transgender ', ' Queer 'iyo' ama Su'aalaha (LGBTQ)?

Haa

Maya

Doorbiday inaan sheegin