



## **Gear Up Now for School!**

As you and your family prepare to go back to school, take the time to thoughtfully plan your commute — by foot, bike or school bus if your student is eligible. Here's how to start:

- If offered bus service, know where the stop is, your route to the stop and where to safely wait for the bus.
- Find your school's preferred walk/bike map under each school listing on the Beaverton Safe Routes to School website to find the locations of sidewalks or low-volume roads, crosswalks and traffic signals, crossing guards, bike racks and the safest way to the school entrance. Practice walking or biking the route!
- If possible, talk with friends and neighbors to plan to walk together. Does your school have a Walking School Bus? That's a group of students that meet at a designated time and location and walk to school together, led by volunteer chaperones. Start one on your own, or let your school administrator, Green Team coordinator or parent-teacher organization you are interested in joining/starting one!
- If you need to drive, talk to your neighbors about starting a carpool. Or think about driving to a spot a few blocks from the school and letting your child safely walk from there for some exercise and confidence-building.