# Cal's Story

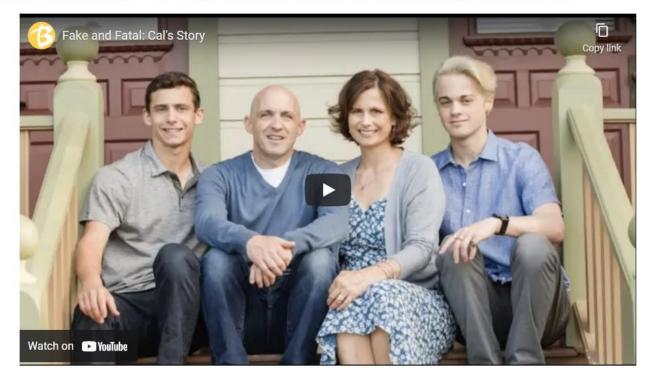
#### JOIN THE CONVERSATION

We implore all middle and high school parents/guardians and students to attend our virtual **Community Conversation about Fentanyl: Fake & Fatal** on Thursday, April 29 at 7:00 p.m. You can participate by watching live on the district's YouTube channel or Facebook page. We'll take questions via social media. Our panelists will include representatives from the Washington County Public Health Department, Washington County Sheriff's Department and Beaverton Police Department.

During that conversation, we'll also be hearing from Jennifer and Jon Epstein, former Cedar Park Middle School and Sunset High School parents who lost their son, Cal, to fentanyl poisoning in December. We want to thank the Epsteins for their courage and willingness to share their story in hopes of saving other children's lives.



Livestreamed **D** Thursday, April 29 at 7 p.m.





Illicit fentanyl-filled pills are poisoning our community

What we wish we had known



April 29, 2021

### Cal's "Warning Signs"

Strong student **UHM Freshman/scholarship** After school activities Job Dependable Hobbies Cared for appearance Lots of friends Desire for independence/start life **Close-knit family Regular family dinners Rules & boundaries Followed curfews** Drug awareness conversations

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Social media Distancing from parents College decision Senioritis / ADD? COVID isolation Marijuana discovered senior year Anxiety & eating disorder



#### Signs may be subtle or may not exist at all

#### Not my kid?





Zach (forever 17) Lead in musical, track star, accepted into UCLA



Adian (forever 17)



Emilio (forever 19) Prescribed percocet when wisdom teeth were removed



Tommy (forever 18)



Zachariah (forever 17)



Issaiah (forever 15)



Alexander (forever 14) Tried marijuana with 6<sup>th</sup> grade friends, asked for help after trying pills



Daniel (forever 16)



Alexandra (forever 20) Attended ASU on full scholarship



Madeline (forever 21)

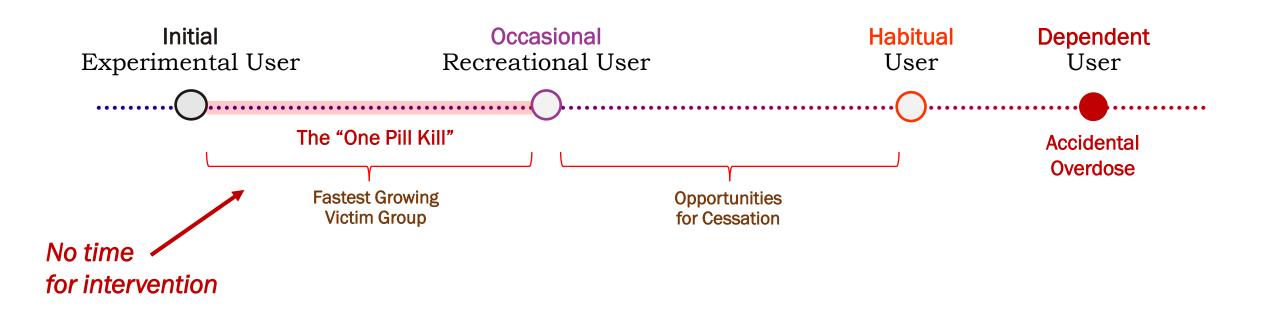


Charlie (forever 22) Nagging back pain from football injury



Dawn Marie (forever 20)

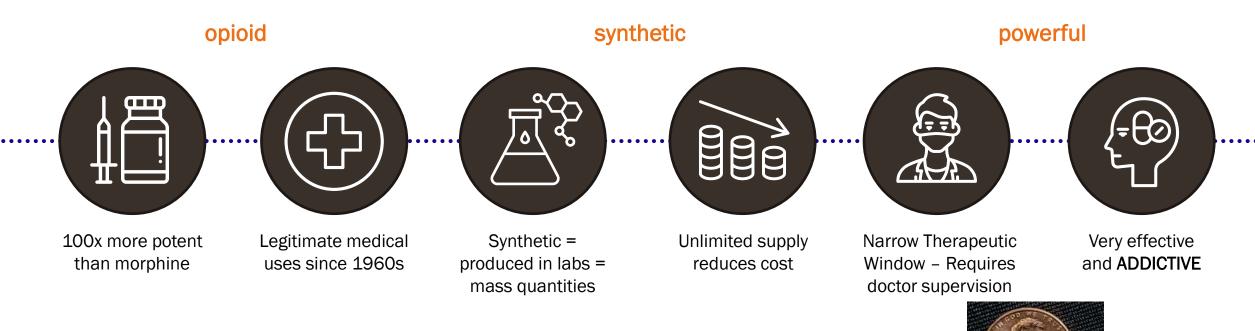
## **Emerging Category of Victim**







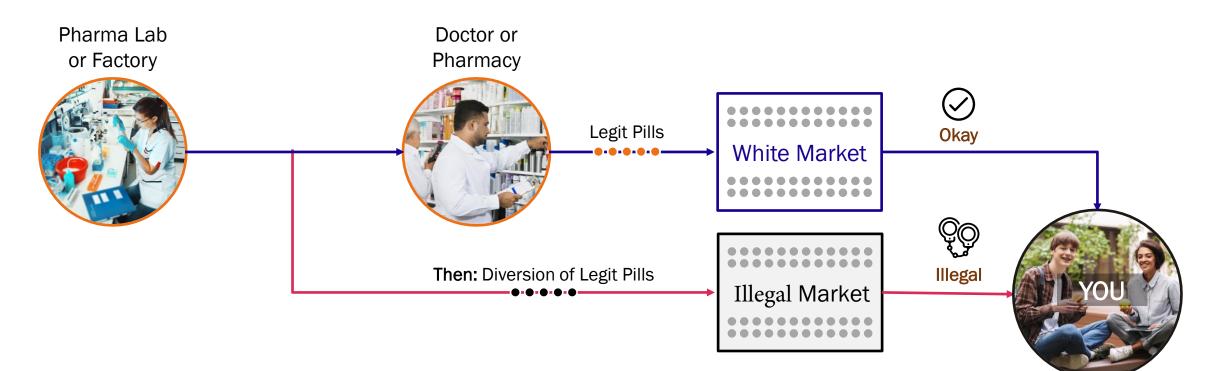
#### Fentanyl is a powerful synthetic opioid





### How Did This Happen?

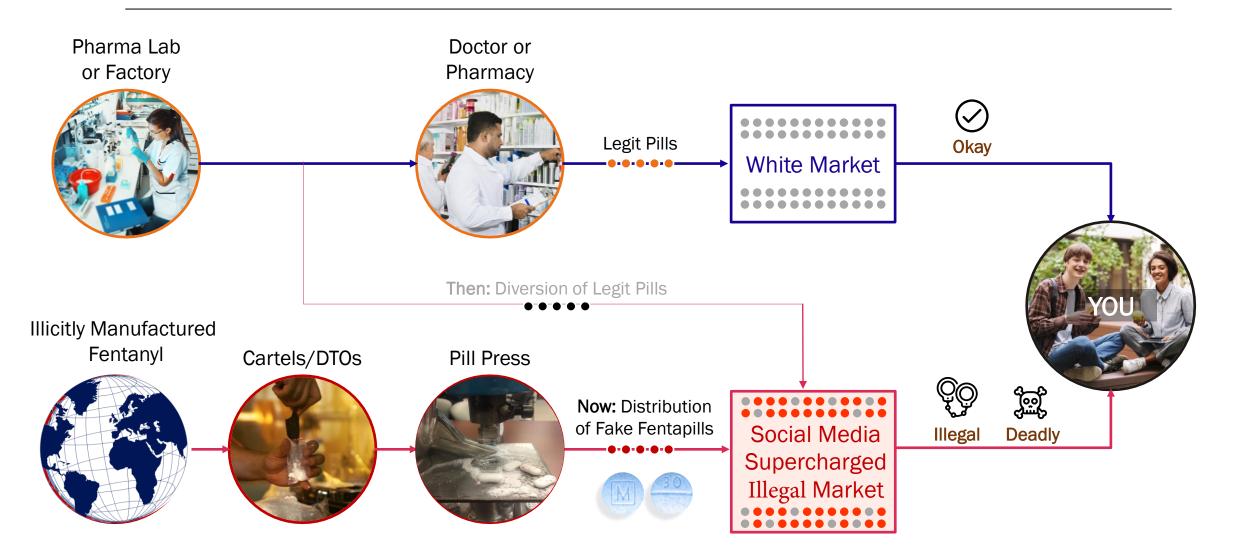




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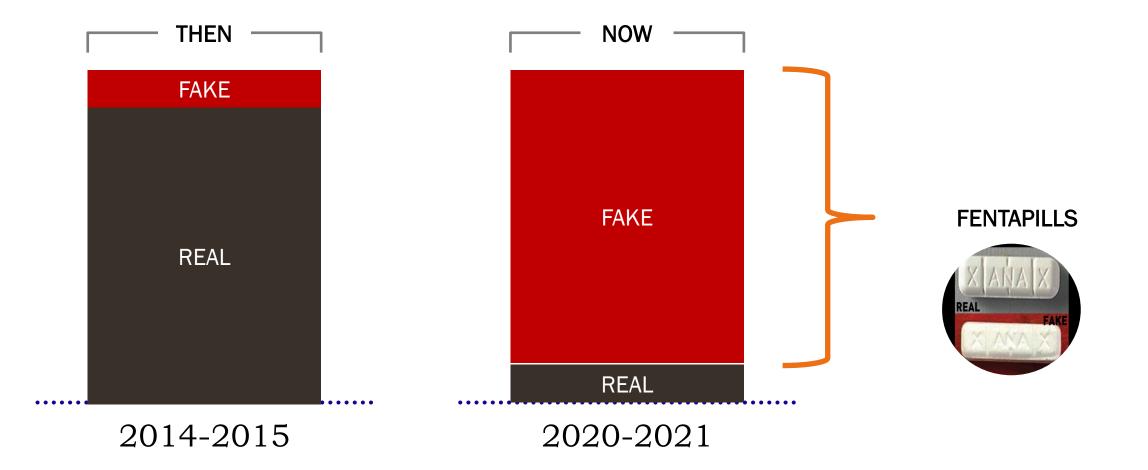
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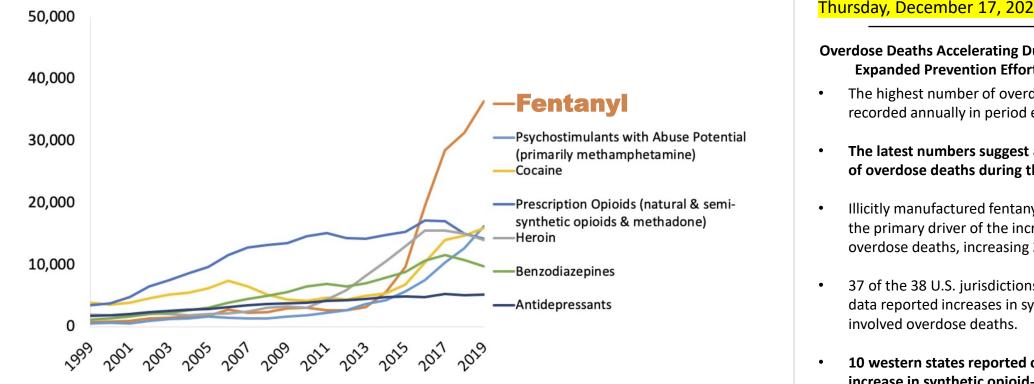
# Flip the Risk



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#### It's Getting Worse

#### Figure 2. National Drug-Involved Overdose Deaths\*, Number Among All Ages, 1999-2019



\*Includes deaths with underlying causes of unintentional drug poisoning (X40–X44), suicide drug poisoning (X60–X64), homicide drug poisoning (X85), or drug poisoning of undetermined intent (Y10–Y14), as coded in the International Classification of Diseases, 10th Revision. Source: Centers for Disease Control and Prevention, National Center for Health Statistics. Multiple Cause of Death 1999-2019 on CDC WONDER Online Database, released 12/2020.

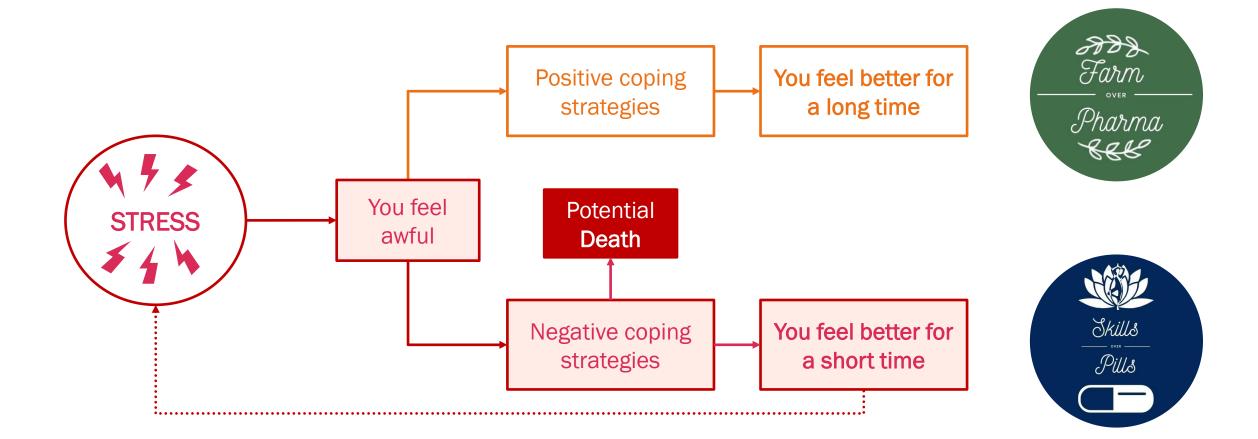
**CDC Press Release** Thursday, December 17, 2020



**Overdose Deaths Accelerating During COVID-19 Expanded Prevention Efforts Needed** 

- The highest number of overdose deaths ever recorded annually in period ending May 2020
- The latest numbers suggest an acceleration of overdose deaths during the pandemic.
- Illicitly manufactured fentanyl appears to be the primary driver of the increases in overdose deaths, increasing 38.4 percent
- 37 of the 38 U.S. jurisdictions with available data reported increases in synthetic opioid-
- 10 western states reported over a 98% increase in synthetic opioid-involved deaths.





## What do we want you to know?



#### Fentapills/Drugs

- Anyone can be a victim
- 'Signs' can be subtle or non-existent
- There is no room for error with today's pills
- Marijuana has changed: "Dabbing" (vaping) can be 80%+ THC, addictive, & cause psychosis



#### Teen Mental Health

- Trust your instincts
- Professionals may not have the latest information
- Find support from wherever you can get it
- Getting adolescent mental health support is hard don't give up!

#### Take Action

- 1. DON'T TRUST ANY PILL unless YOU bought it from a pharmacy
- 2. Learn more & educate others
- 3. See something/say something
- 4. Your stress is real Find healthy ways to cope & ask for help



### Thank you!

Students & Parents here tonight Beaverton School District Washington County Sheriff's Office Song for Charlie (songforcharlie.org)



epsteinpdx@gmail.com

