



# Beaverton School District Nutrition Services

**Feeding Children, Nourishing Minds**

## SELF-SUPPORTING DEPARTMENT

- Nutrition Services is a self-supporting department within the Beaverton School District
- All employee wages and food for meals are paid for with revenue raised from meal prices and federal reimbursement
- Nutrition Services receives no money from the general fund of the Beaverton School District

## NUTRITION STANDARDS

- Nutrition Services follows USDA guidelines for School Breakfast Program and National School Lunch Program Meals
- Through USDA guidelines, meals served are Whole Grain rich, less than 10% of Calories are from Saturated Fat, 0 Trans Fats served, and meet a specific Calorie and Sodium level which vary by grade level
- All schools have self-service salad bars available to students that contain a variety of fruits and vegetables so students can customize their meals
- All students are offered a meal of whole grains, protein, fruits, vegetables and nonfat/low-fat milk

## PROGRAM INFORMATION

- Nutrition Services has over 250 staff members to serve students daily
- Nutrition Services has Registered Dietitians on staff to ensure all meals meet USDA regulations
- Breakfast and Lunch are served at all school sites every day that school is in session
- Nutrition Services operates Supper and Summer Programs at sites around the school district to feed students after school and during the summer months when school is not in session.