



Wednesday October 2nd is International Walk + Bike to School Day

Wednesday, Oct. 2 is International Walk + Bike to School Day. We also call it Walk+Roll Day, to celebrate all types of active transportation — biking as well as riding scooters, skateboards and even the school bus. It's great for us, our kids and it's great for the community. Here are five top reasons:

1. Fewer vehicles reduces reduce traffic congestion and carbon emissions near schools and in school parking lots.
2. More people on foot and bike builds school community and boosts awareness of all road users around schools.
3. Physical activity boosts kids' readiness to learn and brings long-lasting health benefits.
4. Kids have fun with their friends and bond with their families while walking or rolling together.
5. Being outside builds independence, resilience and lifelong transportation skills. If your child would like to walk to school with a volunteer-led group to school, join in a Walking School Bus or ask your administrator or Green Team to start one.

Register your school at <http://www.walkbiketoschool.org> and visit <http://www.beaverton.k12.or.us/departments/transportation/safe-routes-to-school> to get all of the information you need to plan a successful event.

Parents -- ask how your school is participating in Walk + Roll Day and join in the celebration!