

Counseling Resources

The mental health resources listed below are not endorsements nor is this list meant to be an exhaustive list of providers. Please contact your insurance company as providers may or may not be covered by your insurance plan. If you need information regarding the Oregon Health Plan or other Washington County resources please see the counseling web page and the link to Mental Health Resources. We suggest interviewing several therapists to find someone you feel comfortable and safe working with. We recommend you ask the therapist about their background and experience working with sexual abuse trauma or any other issue you are concerned with. Entering into a therapeutic relationship, feeling safe and trusting the individual is imperative.

Referral Resources

Oregon Psychological Association	503-253-9172	www.opa.org
Oregon Psychiatric Association	503- 406-2526	www.orpsych.org
Sexual Assault Resource Center	503-626-9100 503-640-5311	24 hr Crisis Line
Washington County Victims Assistance	503-846-3020	

Clinics

Catholic Community Services	503-517-8663
Center for Counseling & Victims' Services 150 N 1 st Ave., Hillsboro, OR 97124 503-846-3021 Free	
Children's Program	503-452-8002
Lewis & Clark Community Counseling Center 4445 SW Barbur Boulevard, Portland, OR 97239 503-768-6320 \$15 initial intake/assessment, \$10-\$50/session	
Morrison Child and Family Services	503-258-4381

District Goal for 2010-2015: All students will show continuous progress toward their personal learning goals, developed in collaboration with teachers and parents, and will be prepared for post-secondary education and career success.

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Clinics

Pacific Psychology Clinic
1411 SW Morrison St., Ste. 310
503-352-2400
222 SE 8th Ave., Ste. 212
Hillsboro, OR 97123
503-352-7333
\$50 initial intake/assessment, \$20-\$60/session (sliding scale)

Portland State Community Counseling Clinic
615 SW Harrison, Portland, OR
503-725-4620
\$15/session (sliding scale for financial hardship)

Youth Contact, Inc., Youth and Family Counseling
447 SE Baseline, Hillsboro, OR 97123
503-640-0334
Oregon Health Plan and other Insurance Accepted

Western Psychological
503-626-9495 Beaverton Office
503-624-2600 Tigard Office

Individual Therapists

Rob Cavasher, Ph.D Licensed Psychologist 503-443-3770

Wendy Jensen, MSW 503-624-1111 Westside office

Debbie Moussa LCSW 503-402-8617

Laurie Sone M.A., LPC 503-222-4343

Paul Stretch LCSW 503-232-0969

Nani Waddoups
2 Portland locations
503-784-6214
nani@naniwaddoups.com

Naomi Sakanoue
503-481-2142
Beaverton location
portlandkokoro@hotmail.com

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Individual Therapists

Jessica Corp
1600 SE Ankeny Ave.
Portland, OR 97214
jes@jessicacorp counseling.com

Rick Johnson
13831 NW Cornell Rd., Portland, OR 97229
503-313-5186
rjohnsonphd@comcast.net

Angela Lehr
516 SE Morrison
Suite 202
Portland, OR 97214
ph: (503) 459-6385
angelalehr@comcast.net

Karen Hixon
2143 NE Broadway, Ste. #2, Portland, OR 97232
503-314-6027
karen@progressivecounseling.com

Teal Bohrer
15100 Boones Ferry Rd 800D
Lake Oswego, OR 97035
(503) 750-8325
teal.bohrer@gmail.com

Patti Bailey
535 SE Washington St.
Hillsboro, Or. 97123
503-648-5892

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